



THE ARMED FORCES COVENANT FUND TRUST



Have you served with the Armed Forces?

**We are offering Armed Forces veterans living in
Coventry and Warwickshire a FREE 8-week woodland
wellbeing course**

Join other veterans, spending one day a week in the woods making
fires, learning and sharing bush craft skills, swapping stories, exploring
and managing the woodland and connecting with nature to feel healthy
and happy

**To express your interest in attending a course and receive more
details, please contact** Man Lan Adams at Warwickshire Wildlife Trust
at man-lan.adams@wkwt.org.uk or call **02476 302912**

<https://www.warwickshirewildlifetrust.org.uk/get-closer-nature/wild-wellbeing/woodland-wellbeing-armed-forces-veterans>

***Course dates are October 7th – November 25th 2020 (subject to Covid-19
restrictions)**

